



November 2020

Menu

Monday

Tuesday

Wednesday

Thursday

Friday

2

3

4

5

6

BREAKFAST

Malt O Meal
Cereal

Breakfast Muffin

Granola Square

Bagel with Jelly

Malt O Meal
Cereal

LUNCH

Orange Chicken with
Rice

Grape Smuckers

Pasta Bologese

Pizza Bagel

Turkey Ham and
Cheese Sandwich

9

10

11

12

13

BREAKFAST

Malt O Meal
Cereal

Breakfast Grain Bar

Donut

Breakfast Burrito

Malt O Meal
Cereal

LUNCH

Mac and Cheese

Brunch for Lunch
French Toast and
Sausage and Tots

Chicken Non-Fried
Rice

Chicken Tender with
Mash Potatoes

Turkey Ham and
Cheese Kit

16

17

18

19

20

BREAKFAST

Zee Zee Bar

Breakfast Muffin

Muffin

Bagel with Jelly

Malt O Meal
Cereal

LUNCH

Chicken Chow Mein

Turkey Ham and
Cheese Kit

Picadillo with Rice

Turkey Hot dog

Turkey Ham and
Cheese Sandwich

23

24

25

26

27

BREAKFAST

Malt O Meal
Cereal

Breakfast Muffin

Granola Square

Bagel with Jelly

Malt O Meal
Cereal

LUNCH

Pizza Bagel

Grape Smuckers

Pasta Bologese

Teriyaki Chicken
with Rice

Turkey Ham and
Cheese Sandwich

30

BREAKFAST

Malt O Meal
Cereal

Breakfast Grain Bar

Donut

Breakfast Burrito

Malt O Meal
Cereal

LUNCH

Mac and Cheese

Brunch for Lunch
French Toast and
Sausage and Tots

Chicken Non-Fried
Rice

Sloppy Joe

Turkey Ham and
Cheese Sandwich

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