



October 2020

Menu

Monday

Tuesday

Wednesday

Thursday

Friday

28

29

30

1

2

BREAKFAST

Malt O Meal
Cereal

Breakfast Muffin

Twin Bar

Bagel with Jelly

Malt O Meal
Cereal

LUNCH

Orange Chicken with
Rice

Grape Smuckers

Pasta Bologese

Pizza Bagel

Turkey Ham and
Cheese Sandwich

5

6

7

8

9

BREAKFAST

Malt O Meal
Cereal

Breakfast Grain Bar

Buttermilk Bar

Breakfast Burrito

Malt O Meal
Cereal

LUNCH

Mac and Cheese

Brunch for Lunch
French Toast and
Sausage and Tots

Chicken Non-Fried
Rice

Chicken Tender with
Mash Potatoes

Turkey Ham and
Cheese Kit

12

13

14

15

16

BREAKFAST

Zee Zee Bar

Breakfast Muffin

Muffin

Bagel with Jelly

Malt O Meal
Cereal

LUNCH

Chicken Chow Mein

Turkey Ham and
Cheese Kit

Picadillo with Rice

Turkey Hot dog

Turkey Ham and
Cheese Sandwich

19

20

21

22

23

BREAKFAST

Malt O Meal
Cereal

Breakfast Muffin

Twin Bar

Bagel with Jelly

Malt O Meal
Cereal

LUNCH

Pizza Bagel

Grape Smuckers

Pasta Bologese

Teriyaki Chicken
with Rice

Turkey Ham and
Cheese Sandwich

26

27

28

29

30

BREAKFAST

Malt O Meal
Cereal

Breakfast Grain Bar

Buttermilk Bar

Breakfast Burrito

Malt O Meal
Cereal

LUNCH

Mac and Cheese

Brunch for Lunch
French Toast and
Sausage and Tots

Chicken Non-Fried
Rice

Sloppy Joe

Turkey Ham and
Cheese Sandwich

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